

# Necklift Surgery in Portland Oregon

Necklift surgery is a popular cosmetic procedure in Portland, Oregon. Many individuals in the area are seeking this procedure to improve the appearance of their neck and jawline. By removing excess fat and tightening the muscles, necklift surgery can help create a more youthful and defined neck contour.

Portland, Oregon offers a wide range of skilled and experienced surgeons who specialize in [necklift surgery](#). These professionals have the expertise and knowledge to perform the procedure safely and effectively. With advanced techniques and state-of-the-art facilities, patients can expect excellent results from their necklift surgery in Portland, Oregon. Whether it's to correct sagging skin or reduce the appearance of wrinkles, the necklift surgery options in Portland, Oregon are designed to help individuals achieve their desired aesthetic goals.

## What is necklift surgery?

Necklift surgery, also known as a lower rhytidectomy, is a cosmetic procedure performed to improve the appearance of the neck by tightening the skin and muscles, reducing sagging jowls, and eliminating excess fat.

## Who is a good candidate for necklift surgery?

Good candidates for necklift surgery are individuals who experience sagging or excess skin in the neck area, have jowls or a double chin, are in good overall health, and have realistic expectations about the outcomes of the surgery.

## How is necklift surgery performed?

Necklift surgery is typically performed under general anesthesia. The surgeon makes incisions behind the ears or under the chin to access the neck muscles and tissues. The excess skin may be removed, the underlying muscles tightened, and liposuction may be used to remove excess fat if necessary. The incisions are then closed with sutures.

## What is recovery like after necklift surgery?

Recovery after necklift surgery may vary depending on the individual, but most patients can expect some swelling, bruising, and discomfort for the first week or two. A compression garment may need to be worn to reduce swelling, and it's important to follow all post-operative instructions provided by the surgeon. Most individuals can return to work and normal activities within 2-3 weeks.

## Are there any risks or complications associated with necklift surgery?

As with any surgical procedure, there are risks involved. Potential risks and complications of necklift surgery may include infection, bleeding, scarring, numbness, asymmetry, skin discoloration, or adverse reactions to anesthesia. However, these risks can be minimized by choosing a qualified and experienced surgeon.

## How long do the results of necklift surgery last?

The results of necklift surgery are long-lasting, but the natural aging process will continue. While the procedure can significantly improve the appearance of the neck, factors such as genetics, lifestyle, and sun exposure can affect the longevity of the results. Maintaining a healthy lifestyle and following proper skincare can help prolong the effects of the surgery.

## Can necklift surgery be combined with other procedures?

Yes, necklift surgery can be combined with other facial rejuvenation procedures such as facelift, eyelid surgery, or brow lift to achieve more comprehensive results. Combining procedures can minimize overall downtime and produce a more balanced and harmonious outcome.

## How much does necklift surgery in Portland, Oregon typically cost?

The cost of necklift surgery in Portland, Oregon can vary depending on several factors, including the surgeon's experience, the extent of the procedure, the surgical facility, and any additional procedures performed. It is best to consult with a qualified surgeon for a personalized evaluation and cost estimate.

## Is necklift surgery covered by insurance?

Necklift surgery is considered a cosmetic procedure and is typically not covered by insurance. However, if the surgery is being performed for medical reasons, such as correcting significant muscle laxity or addressing other functional issues, insurance coverage may be possible.

It is advisable to check with your insurance provider to determine coverage eligibility.

### Necklift/Liposuction



How do I choose the right surgeon for necklift surgery in Portland, Oregon?

When selecting a surgeon for necklift surgery in Portland, Oregon, it is crucial to research their qualifications, experience, and reputation. Look for board certification, positive patient reviews, before and after photos of their work, and schedule a consultation to discuss your goals and concerns. It is important to choose a surgeon with whom you feel comfortable and confident in their abilities.

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